



Run 2010

Benefit Run for

STRONG KIDS Financial Assistance Program

All proceeds to
benefit Strong
Kids Financial
Assistance Program

Pre-register by November 13!

NOVEMBER 20

Fun Zone
\$5.00
8:00am-12:00pm

- Jump house
- Foam Pit
- Trampoline
- Basketball Court
- Snacks

1 Mile Run
Pre-registered \$10
Race Day \$20
Starting time
8:00am

Age Groups:

- 8 & Under
- 9 to 12
- 13 to 16

All participants
Receive a medal.

5k
Pre-registered \$15
Race Day \$25
Starting Time
8:30am

Age Groups:

- 11 & under
- 12-15
- 16-19
- 20-29
- 30-39
- 40-49
- 50-59

Half Marathon
Pre-registered \$20
Race Day \$30
Starting Time
8:30am

Age Groups:

- 16-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60 and up

Directions

From Springfield: 65 South Past Branson, to Hollister exit. When exiting stay to the left go straight through two lights onto Industrial Drive. YMCA sits off to the left. We are about 5 to 8 minutes from Branson. **From Arkansas:** go north 65 exit to the right at the Hollister exit. Go through the light onto Industrial Dr.

Half Marathon pre-registered participants to receive an "I Survived Murder Rock Run 2010" t-shirt.

More information contact Monica Morris @ 337-YMCA(9622). mmorris@ozarkmtnymca.org
Register @ Ozark Mountain Family YMCA 175 Industrial Drive Hollister, Mo 65672 or mail to Ridge Runner Sports 3057 South Freemont Springfield, Mo 65804. All checks need to be made to Ozark Mountain family YMCA.

Awards will be given to the top 3 finishers male and female overall and then top 3 in each age group male & female. The race is scenic and there will be lots of door prizes!!!

