



American Red Cross
Greater Ozarks Chapter

Inaugural Run for "RED"ness

5K Run/Walk
One Mile Family Fun Walk
Benefitting Disaster Relief

June 12, 2010

8:00 a.m.



CoxHealth Fitness Center at Cox North. Parking available at corner of Lynn and Jefferson.

Registration

Entry fee: **\$20 if pre-registered by June 11** or postmarked by Saturday, June 5
Family of 4 (Two children under 12) - \$50
T-shirt size is guaranteed if registered and paid by May 25, 2010

Certified Course

- Where:
- 1) Online at **Active.com**
 - 2) **American Red Cross,**
1545 N. West Bypass, Springfield, MO 65803
 - 3) **Ridge Runner Sports,**
3057 S. Fremont Ave, Springfield
 - 4) **All CoxHealth Fitness Center locations**

Packet Pick-Up:

Beat the day of rush and **Pick up your race packet on Friday, June 11,**
between 12 Noon and 6 p.m. at Ridge Runner Sports, 3057 S. Fremont Ave, Springfield

Race Day Registration: \$25 (T-shirts available only as supplies last)
6:30 a.m. till 7:30 a.m. at Cox North Fitness Center Parking Lot

Awards: Masters Overall Male and Female
Overall Male and Female
3 Places in following age groups:

Age Groups: Under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

For more information or to sponsor this event contact: **Joann Moore, 417-832-9500, ext 107 or moorej@redcross-ozarks.org**

Complete the form, attach payment, and return to **1545 N. West Bypass, Springfield, MO 65803.** Registration must be postmarked by 6/05.

NAME _____ AGE _____
ADDRESS _____ CITY _____ STATE _____
ZIP _____ TELEPHONE _____ SEX: M _____ F _____

Email Address _____

Shirt size (please circle) Adult S M L XL 2XL 3XL Youth: S(6-8) M(10-12) L (14-16)

T-shirt size guaranteed if registered and paid by May 25, 2010

Remit to: American Red Cross Check # _____ Cash (drop off only) _____
Discover Mastercard Visa Card# _____ Exp. _____ 3 Digit Code _____

I assume full responsibility for running in traffic on the course during this event, as well as any and all risks associated with competing in this event, including falls, body contact, road conditions and weather.

In consideration of these facts, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and waive, release, and discharge the American Red Cross, CoxHealth, Ozark Racing Systems and any or all sponsors and their agents from any and all claims for death or personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event.

SIGNATURE _____ DATE _____

PARENT SIGNATURE (IF UNDER 18) _____